

Course Description

Focused on bottle feeding strategies, this course provides immediately applicable practical information to help medical, speech language, early interventionists, occupational, physical therapy professionals to better identify and treat the factors that impact successful oral feeding of preterm and medically complex term infants. Utilizing a multidisciplinary approach— both in the NICU and after discharge to early intervention through the first six months—the course emphasizes strategies to facilitate infant abilities and develop caregiver feeding skills. Breastfeeding is emphasized as the best feeding method for infants, with some strategies to support breastfeeding as well. The objective is to identify feeding readiness and provide intervention strategies from a framework of normal development. A holistic approach integrating the medical complexity of these infants is emphasized, using the BROSS approach and the SOFFI MethodSM.

Course Objectives

By attending this course, the participant will be able to:

- Identify necessary components of infant development that indicate a readiness to begin and sustain oral feeding, including physiologic, motor and state organization.
- Discuss the development of oral-motor skills in preterm infants.
- Describe the interaction between medical and developmental level as they relate to feeding readiness and the progression of normal feeding skill development
- Identify infants who are not following a normal progression in feeding skill development.
- Use principles of normal development and developmentally supportive care to facilitate feeding progression, to include contributions of both the family and the professional team.
- Identify the influence of various medical conditions on oral feeding success.
- Use the BROSS approach to identify the development of oral feeding skills and use the SOFFI methodSM to guide feeding decisions and to plan supportive intervention strategies.



Faculty

Dr. Ross is the creator of the SOFFI MethodSM, a holistic feeding program for caregivers in the NICU. Erin Ross

received her Ph.D from the University of Colorado at Denver and Health Sciences Center in 2007, and her Master's Degree in Speech and Language Pathology in 1988. She completed a two-year Post-Doctoral Fellowship in the Section of Nutrition, Department of Pediatrics, School of Medicine, University of Colorado Denver in 2009. Dr. Ross provides clinical consultation to several NICUs within HealthONE, Denver in addition to providing professional education and research consultation through Feeding FUNdamentals, LLC. She is currently a Clinical Instructor in the Center for Family & Infant Interaction, University of Colorado Denver, and Faculty at the Rocky Mountain University of Health Professions. In addition, Dr. Ross co-teaches the SOS Approach to Feeding (© Kay Toomey), a feeding therapy approach for children transitioning to solid foods, and consults with an outpatient feeding clinic. Dr. Ross' research interests focus on understanding feeding and growth in the medically complex infant, and on identifying and treating feeding problems in infants and children. She brings over 26 years of experience and provides a perspective that crosses over the initial hospitalization through the first 5 years of life.

SOFFI MethodSM: Supporting Oral Feeding in Fragile Infants conference in Hyderabad India 2019.



Venue: HYDERABAD India
September 20, 21 2019

The SOFFISM Method is an integrated approach to supporting oral feeding in preterm and in medically complex infants, both in the NICU and in the Early Intervention setting. This two-day course provides the practitioner with evidence-based information regarding feeding development as well as assessment and intervention strategies.

"The use of the SOFFI in conjunction with this (NANN) guideline is highly recommended. The SOFFI algorithm is grounding in similar principles as described in this guideline." (p. 7, Sables-Baus, S., et al., "Infant-Directed Oral Feeding for Premature and Critically Ill Hospitalized Infants: Guideline for Practice", 2013.) u

Registration:

Early Bird registration fee is

FOR

- **INDIVIDUAL 37000 INR**
- **GROUP (4-5 member) 35000 INR per member**

Must be registered by JUNE 20, 2019).

After June 20 2019 for

- **Individual : 39500 INR**
- **Group (4-5 member) :37500 INR per member**

What People Are Saying:

“There is such a wealth of information in this course. I learned/re-learned so many new things that this could have been a semester-long graduate class. Erin Ross presents information clearly and concisely and in a relatable manner. She is easily approachable for questions, clarifications and discussions.” Emily Tricarico, Speech Pathologist

“I have been to many feeding seminars and by far this was one of the best. I enjoyed the global perspective on feeding and realistic intervention strategies.” Maxine Nevers-Reynolds

“Loved this conference. The organization of it was great. Starting with the “why” the first day was so informative. Loved the hands-on practice and practical applications. I’m so glad I chose this conference. Can’t wait to implement this practice into my therapy. I will be watching for Homeostasis throughout the session!” Lauren Newhard, Speech Pathologist

Mandula, SLP:

“This course is phenomenal! It teaches you how to problem-solve and think about all the factors that impact bottle feeding! Erin gives great experience live examples and suggestions that you can put into practice right away. Excellent!

SCHEDULE

FRIDAY, SEPTEMBER 20, 2019

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| 8:00 | - | 8:45 | Introduction, Welcome & Family Roles and Expectations for Successful Nurturing and Feeding |
| 8:45 | - | 9:45 | Feeding as a Developmental Process – Physiologic, sensory and state Development |
| 9:45 | - | 10:00 | Break |
| 10:00 | - | 12:00 | Feeding as a Developmental Process – Oral-motor development |
| 12:00 | - | 1:00 | Lunch |
| 1:00 | - | 1:30 | Feeding as a Developmental Process – Across the first year! |
| 1:30 | - | 3:00 | Medical Issues that Impact Feeding Skills: Chronic Lung Disease, Cardiac Defects, Oral-Motor Deficits, Gastro-intestinal Disorders |
| 3:00 | - | 3:15 | Break |
| 3:15 | - | 3:45 | Effects of the NICU Experience: Changing the focus from volume to skill to build a foundation for optimal feeding and growth |
| 3:45 | - | 4:30 | Developmental Steps to Eating: The BROSS approach |
| 4:30 | - | 5:00 | Introduction to the SOFFI Method |

SATURDAY, SEPTEMBER 21, 2019

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|-------|---|-------|----------------------------------------------------------------------------------------------------------------------|
| 8:00 | - | 10:00 | Using the SOFFI Method to Guide Decisions Regarding Readiness and Interventions for Infants Not Ready to Orally Feed |
| 10:00 | - | 10:15 | Break |
| 10:15 | - | 12:00 | Using the SOFFI Method to Provide Supportive Interventions for Oral Feeding (1) |
| 12:00 | - | 1:00 | Lunch |
| 1:00 | - | 3:00 | Using the SOFFI Method to Provide Supportive Interventions for Oral Feeding (2) |
| 3:00 | - | 3:15 | Break |
| 3:15 | - | 5:00 | Using the SOFFI Method to Provide Supportive Interventions for Oral Feeding (3) |

Location

The course will be held in Hyderabad will inform about conference hotel details shortly.



Organized by :

FOR REGISTRATIONS CONTACT

M. AMULYA REDDY SLP, EARLY INTERVENTIONIST, FEEDING SPECIALIST

PHONE : +918121452034

EMAIL ID : moolaamulyaaslp@gmail.com

Who can attend :

Speech language pathologists, early interventionists, Occupational therapists, physical therapists, Doctors, pediatricians, neonatologists, Developmental pediatricians, bachelors and graduate students.